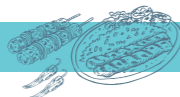


PLATTERS



MIXED PLATTER - (2 PERSON) £29.90

- Lamb and chicken doner
- Chicken shish
- Lamb shish
- Adana kofte kebab

Mixed Platter served with bulgur rice, side salad, Turkish flat bread and two large portions of sauce

LARGE MIXED PLATTER - (3 PERSON) £39.90

- Lamb and chicken doner
- Chicken shish
- Lamb shish
- Adana kofte kebab
- Chicken wings (7pcs)
- Lamb ribs (2pcs)

Large Mixed Platter served with bulgur rice, side salad, Turkish flat bread and three large portions of sauce

JUMBO MIXED PLATTER - (4 PERSON) £49.90

- Cold mixed meze
- Lamb and chicken doner
- Chicken shish
- Lamb shish
- Adana kofte kebab
- Chicken wings (7pcs)
- Lamb ribs (4pcs)
- Lamb chops (4pcs)

Jumbo Mixed Platter served with bulgur rice, side salad, Turkish flat bread and four large portions of sauce

FAMILY MIXED PLATTER - (6 PERSON) £59.90

- Cold mixed meze
- Lamb and chicken doner
- Large chicken shish
- Lamb shish
- Large adana kofte kebab
- Chicken wings (14pcs)
- Lamb ribs (4pcs)
- Lamb chops (4pcs)

Family Mixed Platter served with bulgur rice, side salad, Turkish flat bread and four large portions of sauce

SEAFOOD PLATTER - (2-3 PERSON) £49.90

- Whole sea bass
- Salmon fillet
- King prawns
- Calamari (5pcs)
- Onion rings (10pcs)

Seafood Platter served with sautéed potatoes, house vegetables and two large portions of sauce

SOFT DRINKS

COCA COLA - 330 ML	£1.50	COCA COLA BOTTLE - 1.25 L	£3.50
DIET COKE - 330 ML	£1.50	DIET COKE - 1.25 L	£3.50
CHERRY COKE - 330 ML	£1.50	REDBULL - 250 ML	£3.00
FANTA - 330 ML	£1.50	AYRAN - 250 ML	£1.25
DR PEPPER - 330 ML	£1.50	J20 ORANGE - 275 ML	£2.50
RIO TROPICAL - 330 ML	£1.50	STILL WATER - 500 ML	£1.50
7 UP - 330 ML	£1.50	SPARKLING WATER - 500 ML	£1.50
CAPRI-SUN ORANGE - 200 ML	£1.25	LUCAZADE ORIGINAL - 330 ML	£2.00
RIBENA BLACKCURRANT - 275 ML	£1.25	LUCAZADE ORANGE - 330 ML	£2.00

BEERS & CIDERS

EFES DRAFT - 5% ABV 500 ML	£4.50
EFES PILSNER - 5.0% ABV 500 ML	£3.90
STELLA ARTOIS - 4.8% ABV 500 ML	£3.90
CARLSBERG - 4.0% ABV 500 ML	£3.90
FOSTERS - 5.0% ABV 500 ML	£3.90
BUDWEISER - 4.5% ABV 500 ML	£3.90
PERONI - 5.1% ABV 500 ML	£3.90
KOPPARBERG STRAWBERRY & LIME - 4.0% ABV 500 ML	£3.90
KOPPARBERG MIXED FRUIT - 4.0% ABV 500 ML	£3.90
KOPPARBERG PEAR - 4.0% ABV 500 ML	£3.90

WINE

RED	
YAKUT KAVAKLIDERE - 13.5% ABV 750 ML	£14.90
MERLOT CASILLERO DEL DIABLO - 13.5% ABV 750 ML	£14.90
MALBEC CASILLERO DEL DIABLO - 13.5% ABV 750 ML	£14.90
CABERNET SAUVIGNON CASILLERO DEL DIABLO - 13.5% ABV 750 ML	£14.90
SHIRAZ CASILLERO DEL DIABLO - 13.5% ABV 750 ML	£14.90
WHITE	
CANKAYA KAVAKLIDERE - 13.5% ABV 750 ML	£14.90
PINOT GRIGIO CASILLERO DEL DIABLO - 12.0% ABV 750 ML	£14.90
CHARDONNAY CASILLERO DEL DIABLO - 13.5% ABV 750 ML	£14.90
SAUVIGNON BLANC CASILLERO DEL DIABLO - 13.0% ABV 750 ML	£14.90
ROSE	
ROSE CASILLERO DEL DIABLO - 12.5% ABV 750 ML	£14.90



— HEMEL HEMPSTEAD —

TAKE AWAY MENU

ORDER ONLINE FOR COLLECTION AND DELIVERY

www.marmaristurkishrestaurant.co.uk



Download on the
App Store

GET IT ON
Google play

DOWNLOAD OUR FREE APP

01442 234050

29 MARLOWES, HEMEL HEMPSTEAD, HP1 1LA

Monday - Saturday 12:30 - 23:00

Sunday 15:30 - 22:30

facebook @MARMARISHEMELHEMPSTEAD

COLD MEZES

MIXED OLIVES Marinated with extra virgin olive oil and Mediterranean herbs	£4.50
HUMUS Blend of puréed chickpeas, tahini, olive oil, lemon juice, cumin and garlic	£5.50
CACIK Finely chopped cucumber, mint, dill and a hint of garlic mixed in natural yogurt	£5.50
TARAMA SALAD Whipped cod roe with rapeseed oil and onion powder	£5.50
RUSSIAN SALAD Egg white, gherkin, boiled potato, peas and carrot, black pepper and parsley mixed in mayonnaise	£5.50
YAPRAK DOLMA Stuffed vine leaves filled with rice & herbs and olive oil	£5.50
EZME SALAD Fresh finely chopped tomatoes, cucumber, peppers, onion and parsley with olive oil and pomegranate sauce	£5.50
AUBERGINE RATATOUILLE Pan fried aubergine, pepper, garlic and onion in a special tomato sauce	£5.50
GRILLED ONION SALAD Grilled onions wedges with sumac and herb seasoning in a turnip and pomegranate sauce	£5.50
COLD MIXED MEZE Selection of cold mezés including humus, cacik, Russian salad, yaprak dolma and aubergine ratatouille	£14.90

SALADS

SIDE SALAD Lettuce, tomato, cucumber and red cabbage	£2.50
COBAN SALAD Lettuce, tomato, cucumber and onion lightly seasoned with Mediterranean herbs, sumac and drizzled with pomegranate sauce, lemon juice and olive oil	£5.50
GREEK SALAD Feta cheese, tomato, cucumber, onions, olives, oregano, pickled peppers seasoned with salt and red pepper flakes and drizzled with olive oil	£5.90
OLIVE SALAD Green olives, tomato, parsley, oregano and cornichons seasoned with red pepper flakes and drizzled with pomegranate sauce and olive oil	£5.90

HOT MEZES

LAHMACUN Traditional Turkish pizza with seasoned minced meat mixed with vegetables	£4.00
SUCUK (4PCS) Traditional Turkish beef sausage, lightly spiced and served with bulgur rice	£5.90
HELLIM (4PCS) Grilled Cypriot cheese, served with bulgur rice	£5.90
SUCUK & HELLIM (4PCS) Mixture of sucuk and hellim, served with bulgur rice	£5.90
ICLI KOFTE (2PCS) Minced lamb mixed with nuts and seasoned with herbs, stuffed into balls of dough made from fine bulgur, potato and spices	£5.90
CALAMARI (5PCS) Panko coated fried squid served with bulgur rice and tartar sauce	£5.90
SIGARA BOREGI (4PCS) Cigar shaped crisp filo pastry filled with white cheese, onion, parsley and paprika, served with bulgur rice	£5.90
ONION RINGS (10PCS) Deep fried onion rings	£5.90
FALAFEL (5PCS) Deep fried balls of chickpeas, broad beans, coriander, parsley, sesame seeds, garlic and herbs, served with humus	£5.90
HOT MIXED MEZE Selection of hot mezés including falafel, calamari, sucuk, hellim and sigara boregi	£15.90



SIDES

POT OF SAUCE Chilli, garlic, ketchup, mayonnaise, BBQ, burger sauce, tartar sauce, mint sauce	70P
FRENCH FRIES	£2.50
HELLIM FRIES	£5.90
CHEESY CHIPS	£4.50
BULGUR RICE	£3.00
CHILLI PEPPERS	£2.50
HOUSE VEGETABLES	£4.50
YOGURT	£4.50
PIECE OF FLAT BREAD	£1.50
WHOLE FLAT BREAD	£3.50

Food Allergy Notice

If you have a food allergy, special dietary requirements or require more information about the ingredients in your meal please inform a member of our staff before you place your order

KEBABS & GRILL

OUR KEBABS ARE FRESHLY PREPARED ON THE PREMISES USING ONLY PRIME CUTS OF CHICKEN & LAMB

* - WHERE INDICATED KEBABS ARE SERVED WITH BULGUR RICE, SIDE SALAD TURKISH FLAT BREAD AND A POT OF SAUCE

SHISH KEBAB SIZE GUIDE - MEDIUM IS 1 SKEWER, LARGE IS 2 SKEWERS

	MEDIUM	LARGE
LAMB (YAPRAK) DONER KEBAB* Traditional Turkish (Yaprak) doner kebab made with marinated cutlets of lamb arranged onto an upright spit and cooked on a rotisserie grill. Each portion freshly shredded to order	£7.90	£9.90
CHICKEN DONER KEBAB* Marinated pieces of butterfly chicken breast arranged onto an upright spit and cooked on a rotisserie grill. Each portion freshly shredded to order	£7.50	£9.50
MIXED DONER KEBAB* Mixture of lamb and chicken doner kebab	£7.90	£9.90
DONER MEAT & CHIPS Selection of lamb or chicken doner kebab served with a portion of chips only	£7.90	£9.90
MIXED DONER MEAT & CHIPS Mixture of lamb and chicken doner kebab served with a portion of chips only	£8.90	£10.90
LAMB SHISH* Large cubes of prime lamb marinated, skewered and grilled on our traditional Turkish charcoal ocakbasi (BBQ)	£8.90	£10.90
CHICKEN SHISH* Large cubes of fresh chicken breast marinated, skewered and grilled on our traditional Turkish charcoal ocakbasi (BBQ)	£8.50	£10.50
LAMB COP SHISH* Smaller cubes of tender lamb marinated, skewered and grilled on our traditional Turkish charcoal ocakbasi (BBQ)	£8.90	£10.90
CHICKEN COP SHISH* Smaller cubes of tender chicken breast marinated, skewered and grilled on our traditional Turkish charcoal ocakbasi (BBQ)	£8.50	£10.50
ADANA KOFTE KEBAB* Lean minced lamb, mildly spiced and mixed with onion, red pepper and parsley, skewered and grilled on our traditional Turkish charcoal ocakbasi (BBQ)	£8.90	£10.90
MIXED KEBAB* Selection of two kebabs - choose from lamb doner, chicken doner, lamb shish, chicken shish and adana kofte kebab	£10.90	£20.90
TRIPLE MIXED KEBAB* Selection of three kebabs - choose from lamb doner, chicken doner, lamb shish, chicken shish, adana kofte kebab and chicken wings	£11.90	£20.90
ISKENDER KEBAB Lamb doner arranged on a bed of turkish flat bread, topped with a special tomato sauce and drizzled with hot butter	£11.90	£13.90
HALEP KEBAB Sliced adana kofte kebab arranged on a bed of turkish flat bread, topped with a special halep sauce and drizzled with hot butter	£11.90	£13.90
LAMB RIBS* Lamb spare ribs lightly seasoned with Mediterranean herbs and grilled on our traditional Turkish charcoal ocakbasi (BBQ)	£14.90	£13.90
LAMB CHOPS* Prime lamb chops lightly seasoned with Mediterranean herbs and grilled on our traditional Turkish charcoal ocakbasi (BBQ)	£14.90	£13.90
CHICKEN WINGS* Chicken wings (flat side only) lightly seasoned with Mediterranean herbs and grilled on our traditional Turkish charcoal ocakbasi (BBQ)	£9.50	£9.50

SEAFOOD

SEAFOOD SERVED WITH SAUTÉED POTATOES, HOUSE VEGETABLES AND ONE POT OF SAUCE

SEA BASS Whole sea bass seasoned with Mediterranean herbs and olive oil, grilled on our traditional Turkish charcoal ocakbasi (BBQ)	£13.90
SEA BREAM Whole sea bream seasoned with Mediterranean herbs and olive oil, grilled on our traditional Turkish charcoal ocakbasi (BBQ)	£13.90
SALMON Salmon fillet seasoned with Mediterranean herbs and olive oil, grilled on our traditional Turkish charcoal ocakbasi (BBQ)	£13.90
KING PRAWNS Skewered king prawns seasoned with Mediterranean herbs and olive oil, grilled on our traditional Turkish charcoal ocakbasi (BBQ)	£13.90

BURGERS

ALL BURGERS ARE SERVED WITH A GRILLED SESAME SEED BUN, SALAD AND A CHOICE OF SAUCE

QUARTER POUNDER 1/4 pound of 100% beef patty grilled on our traditional Turkish charcoal ocakbasi (BBQ) - add cheese for an extra 50p	£4.50
HALF POUNDER 1/2 pound of 100% beef patty grilled on our traditional Turkish charcoal ocakbasi (BBQ) - add cheese for an extra 50p	£6.50
GRILLED CHICKEN BURGER Fresh chicken breast, marinated and grilled on our traditional Turkish charcoal ocakbasi (BBQ)	£5.50
GRILLED HELLIM BURGER Pieces of hellim cheese grilled on our traditional Turkish charcoal ocakbasi (BBQ)	£6.50

VEGETARIAN

VEGETARIAN KEBABS ARE SERVED WITH BULGUR RICE, SIDE SALAD TURKISH FLAT BREAD AND A POT OF SAUCE

HELLIM & VEGETABLE KEBAB Mixture of hellim cheese, onion wedges, mushrooms and peppers skewered and grilled on our traditional Turkish charcoal ocakbasi (BBQ)	£9.90
VEGETARIAN KEBAB Mixture of vegetables including aubergine, onion wedges, peppers, mushrooms and tomato prepared onto skewers and grilled on our traditional Turkish charcoal ocakbasi (BBQ)	£8.90

WRAPS

ADD HELLIM OR CHIPS INTO YOUR WRAP FOR JUST £1.50 EACH

LAMB DONER WRAP Lamb (Yaprak) doner with salad and sauce in a tortilla wrap	£8.50
CHICKEN DONER WRAP Chicken doner with salad and sauce in a tortilla wrap	£8.50
MIXED DONER WRAP Mixture of lamb and chicken doner with salad and sauce in a tortilla wrap	£8.50
LAMB SHISH WRAP Sliced cubes of lamb shish with salad and sauce in a tortilla wrap	£8.50
CHICKEN SHISH WRAP Sliced cubes of chicken shish with salad and sauce in a tortilla wrap	£8.50
ADANA KOFTE WRAP Sliced adana kofte pieces with salad and sauce in a tortilla wrap	£8.50
HELLIM WRAP Fried hellim slices with salad and sauce in a tortilla wrap	£8.50
SUCUK WRAP Grilled slices of sucuk with salad and sauce in a tortilla wrap	£8.50
FALAFEL WRAP Fried falafel balls with salad, sauce and humus in a tortilla wrap	£8.50

KIDS MENU

KIDS MENU SERVED WITH CHIPS AND A CHOICE OF DRINK

KIDS CHICKEN NUGGETS	£5.50
KIDS DONER MEAT	£6.50

DESSERTS

BAKLAVA Layers of filo pastry and finely chopped pistachio nuts soaked in sweet syrup	£4.50
CHEESECAKE A delightful whipped cheese filling set on a biscuit crumb base and garnished with fruit coulis	£4.50
CHOCOLATE FUDGE CAKE Chocolate sponge coated in a chocolate fudge frosting	£4.50
HAAGEN DAZS ICE CREAM 500ml tub of Haagen Diaz ice cream, available in chocolate, vanilla or strawberry	£6.50